Climb For The Cause AND The Challenge...

Help Us Find a Cure!
Whether you get a challenging workout or take a leisurely climb to the top, the Big Climb gives you the opportunity to help fight blood cancers.Thanks to research supported by contributions to The Leukemia & Lymphoma Society (LLS), survival rates have dramatically improved. LLS' mission is to cure leukemia, lymphoma, Hodgkin's disease and myeloma, and improve the quality of life of patients and their families.

Race (Run) OR Climb (Run/Walk)
Participants have the choice of either running the stairwell (competitive, you will be timed) or to run/walk it (non-competitive, you will not be timed). Two stairwells are used -- both courses are 69 flights and end at the 73rd floor Observatory. Water is available at designated sites in each stairwell. Please check whether you will be racing or climbing in the space provided on the entry form. Race results will be posted online at www.bigclimb.org.

Where The Money Raised Goes
Funds raised through the Big Climb go directly to support research, patient aid, education programs and advocacy.

Entry Requirements
Entry deadline is March 15, 2010. All entrants must be 8 years of age or older to participate. No backpacks or baby carriers are allowed in stairwells. There will be a bag check area for personal items. The Leukemia & Lymphoma Society reserves the right to prohibit participants from taking other items into the stairwells (please call 206-628-0777 to speak with Wilma or Andi for further details). Family and friends must remain at the registration area located in the Atrium Level.

Starting Times
Starting times will be assigned beginning at 8:30 a.m. Approximately 100 participants are scheduled every 15 minutes for both the race and climb stairwells. Starting times are assigned in the order that entry forms are received. Starting times will be emailed to you in late February.

Late Entries & Day Of Event Entries
Registration fee is $60 after March 15, 2010 and dependent upon space availability. Day of event registration will open at 12 p.m. if the event has not sold out.

Form A Team
Any group of four or more people can be a team! Organize friends and family, your school, place of work or community organization. Then, choose a team name and a team captain. Visit www.bigclimb.org for more information on how to form a team and learn the benefits of team membership. Special team prizes will be awarded.

Racing Awards
Medals will be awarded to the fastest male and female in seven age divisions. Division 1: 8-12; Division 2: 13-17; Division 3: 18-29; Division 4: 30-39; Division 5: 40-49; Division 6: 50-59; Division 7: 60+. Trophies will be awarded to the fastest overall. Medals will be mailed to the 2nd and 3rd place male and female finisher in each age division.

Other Race Info
The address of the Columbia Center in downtown Seattle is 701 5th Ave. Free parking will be available on race day in the underground parking garage located off Columbia Street.

FUNDRAISING FORM

The 24th Annual Big Climb
Columbia Center, Sunday, March 21, 2010. All sponsor contributions to The Leukemia & Lymphoma Society are tax-deductible.

The deadline to turn in pledges to qualify for prizes is April 9, 2010. $50/person fundraising minimum for those over 21 years of age.

Name _____ Fundraising Goal _____

Address Number (No PO Boxes Please) _____ Street _____ Apt. No. _____

City _____ State _____ Zip _____

Work Phone _____ Home Phone _____

These pledges should be credited to: ☐ Me ☐ My Team: _____

Checks should be made payable to The Leukemia & Lymphoma Society. Donations may be turned in at the event or mailed to:
The Leukemia & Lymphoma Society, Attn: Big Climb, 530 Dexter Ave. N., Suite 300, Seattle, WA 98109

	PRINT SPONSOR'S FULL NAME	AMOUNT PLEDGED	TOTAL AMOUNT PAID
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Total Pledged

The Washington/Alaska Chapter of The Leukemia & Lymphoma Society is registered with the Secretary of States Office, 1-800-332-4483.

In Memory of
Ezra Sherman
2010 Big Climb Honoree

ENTRY FORM

The 24th Annual Big Climb
Entry deadline is Monday, March 15, 2010. Event will be capped at 6,000 people. To enter, register online at www.bigclimb.org or mail your check or money order for $40 per person to The Leukemia & Lymphoma Society, 530 Dexter Ave N, Suite 300, Seattle, WA 98109. See website for discount information. No refunds are given.

Start times will be emailed to you. After registering, you will also be given a free online giving page.

TYPE OF ENTRY (You MUST fill in ALL boxes to avoid delay in processing.)

☐ AGE ON DAY OF RACE ☐ Race (run, timed) ☐ Climb (walk/run, not timed) ☐ Male ☐ Female ☐ Individual ☐ Team Member

All participants will receive a free Big Climb t-shirt. ☐ Sm ☐ Med ☐ Lg ☐ XL ☐ XXL–unisex sizing
Youth ☐ Y-sm ☐ Y-med ☐ Y-lg

Please print legibly.

Last Name _____ First Name _____

Email Address REQUIRED (For event updates and start time. We do not share email addresses.) _____

Address _____

City _____ State _____ Zip _____

Daytime Phone _____ Emergency Phone _____

Team Name _____

Credit Card Option: ☐ VISA ☐ MasterCard ☐ Discover

Card Number _____ Expiration Date _____

Signature _____

WAIVER MUST BE SIGNED

I, _____ , intending to be legally bound, understand and agree that I am voluntarily participating in the following Leukemia & Lymphoma Society event:

The 24th Annual Big Climb (Event) at my own request and at my own risk. I acknowledge that I am aware of the risks inherent in the Event and certify that I am physically fit, have not been otherwise informed by any physician and know of no restrictions imposed on me by my own physician that would in any way prevent me from actively participating in the Event.

In consideration of being permitted to participate in this Event, I, on behalf of myself, my successors in interest, heirs, assigns, and representatives, hereby waive all rights of subrogation and fully release and agree to hold harmless The Leukemia & Lymphoma Society, Inc. and its affiliates, their officers, trustees, agents, employees and representatives, successors and entities (be they individuals or organizations, singly and collectively) (Society), together with their insurers, and AA Sports, Inc., Scott Health & Safety, Columbia Center Property LLC, Beacon Capital Strategic Partners IV, L.P., BCSP IV Property Management LLC, CAC Real Estate Management Co., Inc. and their associated entities and their agents of and from any and all liability, claims, damages or causes of action for any reason, including, without limiting the generality of the following, death, bodily injury, property damage or any other loss or inconvenience whatsoever, suffered by me at any time hereafter occurring as a result of my voluntary participation in the Event (Liabilities).

I also give permission for the free use of my name, picture and voice in any broadcast, telecast, print account or any other account in any medium of this Event.

Date: _____ Signature of Participant: _____

PARTICIPANTS UNDER 18

*Must be signed by parent or legal guardian if participant is under age 18 on the date this Release is signed.

The undersigned certifies that he/she is the parent or legal guardian of the participant, and as such and on behalf of myself and the participant, agrees to the term of the Release, releases all parties and entities set forth above from all Liabilities, and indemnifies and holds harmless the Society from all Liabilities.

*Signature of Parent/Guardian: _____ Date: _____