

The Green Times

Mission Statement: Working to save the day the green way!

A Green Brush-up
By Beau and Doug

Hello *Green Times* readers. We are un-happy to tell you that that this is the last *Green Times* for this years fifth graders. We hope that we have awakened the green spirit within you. If not, here are a few green guidelines to help you stay green!!!

1. Recycle, this is the most basic guideline to stay green.
2. Bus, walk, bike, train, carpool, the possibilities are everywhere. We don't blame you if you drive sometimes but if you take time, you can find an alternate way to get where you are going.
3. Buy local. Summer is harvest time, if you can't buy half your produce locally you aren't trying hard enough.
4. Help earth friendly organizations, donations and community work are great things to do.
5. Turn off electric items of any kind if not being used.

This is Beau and Doug saying bye for all the fifth-graders. Thank you for reading our articles this year and have a green summer.

Fun on the Fourth
By Rachel and Josephine

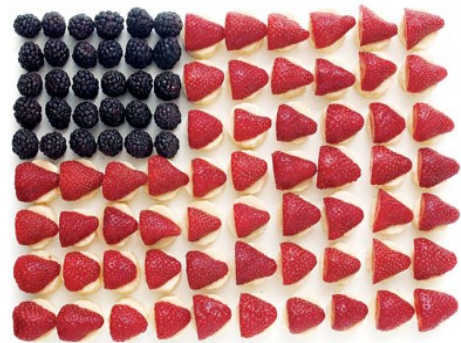
Have you ever celebrated the Fourth of July with a really good fruit plate? Like a REALLY good fruit plate? Well, I bet you haven't celebrated the 4th of July like this! For ultimate freshness, prepare this treat right before serving. Present it with toothpicks for spearing the fruit and a bowl of your favorite dip.

Ingredients:

- 29 large strawberries
- 30 large blackberries or blueberries
- 7 or so large bananas
- Lemon Juice

Instructions:

1. Hull and halve 29 large strawberries and set them aside.
2. Arrange 30 large blackberries, as shown, in the upper left corner of a serving tray or cutting board (it should be at least 8 by 13 inches)
3. Cut 58 banana slices, $\frac{3}{4}$ inch-thick, into a bowl. Sprinkle on lemon juice and toss the slices gently with a rubber spatula to keep them from browning.
4. Assemble the banana slices in row as shown and top each slice with a strawberry half.



Green Father's Day

By Lee

Do you like your dad? If you do, Father's Day is coming up this Sunday. These are some fun and eco-friendly things you can do with him.

1. Ride bikes
2. Grill some food
3. Plant a tree
4. Garden work
5. Take a walk
6. Kayak
7. Play a game
8. Play tennis
9. Play catch
10. Fix up an old bike

These are some great things you can do with your dad on Father's Day, and there are many more you can do too.

If you want to make your father a gift, here are some gifts you can make.

1. A Father's day card made from recyclable objects
2. Make a green wallet
3. Sew or make a t-shirt
4. Make a birdhouse
5. Bake or cook his favorite food
6. Mow the lawn

I hope that you and your dad can have a great Father's Day and be green about it!

Environmentally Friendly Firework Options

By Eli Bernstein

On the Fourth of July do you go to Lake Union and watch the fireworks? Or maybe on T.V? It's a very fun event. Unfortunately, fireworks are not the best for the environment. In fact, in some places they can pollute the water systems. Scientists in many places are trying to get a solution. My favorite Fourth of July was when I went on a grassy hill and watched the fireworks over Lake Union. For now I suggest you go with friends or family or just by yourself and watch the fireworks over Lake Union. If you can't go, have a party following the instructions in Liv and Hannah's *Green Summer Parties*. Thank you for reading this year's *Green Times*. This is my last article, so to sign off, thanks for reading and have a great summer!

NEW FOOD SPOTS

By Cooper, and Diallo

Do you know what restaurants use sustainable and/or use local grown crops to make their food? Well, we do, and here are our top five choices.

5. Mashiko- 4725 California Ave. SW
Mashiko was one of the first sustainable sushi restaurants. Chef/owner Hajime Sato researched how to make his 15 year old restaurant sustainable, and it has been for two years.
4. Spur Gastropub – 113 Blanchard St.
Chefs Dana Tough and Brian McCracken, winners of *Seattle Weekly's* Innovation Award, "play" with the food from local farmers and foragers.
3. The Swinery – 3207 California Ave. SW
The Swinery is a butcher that uses all parts of a cow, so you might try something new. They buy their meat from producers within 300 miles.
2. Slices On Alki – 2600 Marine AVE NW
Slices on Alki is a pizza place where they cook with local, organic food. They are bending the rules on what makes pizza.
1. Emmer & Rye- 1825 Queen Anne Ave. N
A genius chef, Seth Caswell, knows how to cook with local foods and has the perfect portion size for each plate-large, medium, or small.

We hope you enjoy trying our top 5 restaurants that we researched just for you! BON APETIT!!

Green Summer Parties

By Liv and Hannah

Are you planning a summer party? Well, you might as well make it a green, since the environment has been taking a turn for the worse. Here are some cool and green ideas for an environmentally friendly summer party.

First, you can use biodegradable plates and cups for food and drinks at your party. Also, you can use biodegradable bins for composting your food scraps. You can also use silverware instead of plastic forks, spoons, and knives. Plastic is bad for the environment, and if you use silverware, you can reuse it.

Next, if you are planning to have a swimming party, have it at a lake instead of a pool. If you do this, it saves more energy and water, because pools use lots of water, chlorine, and heat.

Also, instead of sending out paper invites, send an evite. An evite is an invitation that you send over the computer, so it saves trees. Instead of sending a bunch of different e-mails, you can send one generic e-mail and forward it to everyone you invite.

Finally, if you drive somewhere for your party, carpool. If you do this, it saves a lot of gas and energy. Thanks for reading, and have a great summer party.